

Daystar Launches Masters in Clinical Psychology

On June 17, 2020, Daystar University unveiled a Masters degree in Clinical Psychology (MCP). The two-year program is set to roll out in August 2020 and promises to equip students with knowledge and practical skills to holistically solve problems using practical assessments and diagnostic approaches.



The MCP virtual launch meeting held on June 17, 2020

In attendance was the University's Senior Management led by the Deputy Vice-Chancellor Finance, Administration and Planning, Dr. Muturi Wachira, who represented the Vice-Chancellor, DVC Academic, Research and Student Affairs, Prof. Faith Nguru, the Principal of Nairobi Campus, Prof. Michael Bowen, the Director of Resource Mobilization, Projects and Partnerships, Prof. Bernard Boyo, Dean, School of Human and Social Sciences, Dr. Kennedy Ongaro, the HOD, Department of Psychology and Counselling Dr. Susan Muriungi, Senate and Management Board members, Faculty and Psychology students.

Speaking on behalf of the Vice-Chancellor Prof. Laban Ayiro, the Acting VC, Dr. Muturi Wachira observed that given the ravaging effects of Covid-19 amidst other challenges threatening humanity, the launch of the Masters in Clinical Psychology could not have been more timely

"As Daystar University launches the Masters in Clinical Psychology today, I see its value and contribution to mankind; and this is significant beyond the intellectual pursuits that will occur in the lecture halls," said Dr. Wachira.

On her part, the DVC ARSA Prof. Faith Nguru reiterated that all Daystar academic programs were approved by the Commission for University Education (CUE), and other professional regulatory bodies, ensuring that the highest quality standards have been met.

"Our programs have an outstanding reputation both locally and internationally," she said.

According to the Head of Psychology and Counselling Department Dr. Susan Muriungi, the MCP program aims to produce professional psychotherapists who will add to the number of mental health professionals in the prevention and management of mental health disorders in a specialized holistic manner.

Dr. Muriungi further assured that appropriate professional and ethical principles and standards will be inculcated into the learners.

"I must say Daystar University has a strong reputation for excellent clinical training in assessments and evidence-based therapies. As a pioneer of the PhD Clinical Psychology program seven years ago, our experiences gained from coursework, clinical and laboratory experiments remained unmatched in the region. Now, with a Masters in Clinical Psychology, this is a must enroll program!! Be sure to be trained by experienced faculty who are supportive and genuinely interested in honing your mental capabilities to become a professional clinician," said Dr. Caroline Ayuya Muaka - Lecturer in the Department of Psychology & Counselling, & Deputy Director of Daystar University Open, Distance and Electronic Learning (OdeL) directorate.

The Masters in Clinical Psychology program at Daystar University is designed for career psychologists, psychotherapists and other professionals who want to be immersed into a practical curriculum focused on applying emerging trends in psychology, advanced psychological assessments and psychotherapy.

Through hands-on clinical supervision and practical sessions, students will learn content while developing problem solving, critical thinking, collaboration and much needed therapy skills needed for contemporary mental health challenges.

Additionally, the Masters in Clinical Psychology degree at Daystar University is recommended for those seeking to enrol in a program that integrates professionalism with faith.

Personally, I benefitted immensely from the holistic approach to learning shaped by our talented faculty and mentors thus completing all of my university education in Daystar University within the stipulated time," said Dr. Mike Njeru, a Daystar University PhD graduate in Clinical Psychology. Dr. Njeru is a Consultant Clinical Psychologist at Nairobi West Hospital.

The MCP program was approved by the Commission for University Education (CUE) on May 6, 2020, and is domiciled in the School of Human and Social Sciences, Department of Counseling and Psychology.

Other programs in the Department of Psychology and Counselling include Certificate, Diploma and Undergraduate program in Counseling and Psychology, PhD in Clinical Psychology, and now Masters in Clinical Psychology.

Dr. Muriungi assures prospective students that they can expect to graduate within record time of two years. Graduates of the MCP will work in a host of organizations key among them hospitals, humanitarian agencies, learning institutions, homes, rehabilitation and correctional centers, church and para-church organizations, among others.

Admission Requirements

Application for the Masters in Clinical Psychology at Daystar University is open to holders of a Bachelor's degree in any field from an accredited university with a minimum cumulative GPA of 2.75 on a 4.00 scale, or an Upper Second Class Honors degree. Those with a GPA of 2.50 or Second Class Honors (Lower Division), plus two years relevant work experience may be considered.

Applicants with first degrees in fields other than in Psychology or Counselling Psychology will be required to take a few undergraduate courses with a view to grounding them in Psychology.

If you wish to seek clarification on anything prior to applying, contact our career advisory experts on **Email: careersmade@daystar.ac.ke**

To apply online visit: <https://bitly/2YdDpoV>



SCHOOL OF HUMAN & SOCIAL SCIENCES
DEPARTMENT OF PSYCHOLOGY & COUNSELLING



MASTERS IN CLINICAL PSYCHOLOGY

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FOR AUGUST 2020 INTAKE

To apply online visit: www.daystar.ac.ke/Quicklinks/OnlineApplication

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At the point of publishing this article, the Airtel Bundle remained unconfirmed. All students and staff of institutions of higher learning (Universities, University Colleges, etc.) are eligible to sign up and purchase the discounted bundles once the subscriber has been whitelisted/activated.

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Quality for Students is my Focus — Dr. Samuel Muriithi

The newly appointed Director of Academic Programs Dr. Samuel Muriithi says delivering quality service to students will be his key area of focus.



Dr. Samuel Muriithi
Director, Academic Programs

Speaking soon after the Vice-chancellor Prof. Laban Peter Ayiro announced his appointment on June 9, 2020, Dr. Muriithi said he viewed the position as God-given and promised to serve with honesty, integrity, and open to consultation.

“I am committed to serving Daystar. I want to assure the Deans and faculty that we’re going to work as a team,” said Dr. Muriithi in his acceptance speech.

Dr. Muriithi holds a PhD degree in Management from Rhodes University (South Africa), Masters of Arts (MA) degree in Communication (Wheaton Graduate School, USA); Master of Business Administration, MBA (Seattle Pacific University, USA); and BA degree in Business Administration and Management (Messiah College, USA). Besides lecturing, Dr. Muriithi has been the Lead Consultant (Coordinator) in charge of Daystar - National Environmental Trust Fund (NETFUND) Partnership where he coordinated

NETFUND Green Innovation Award (GIA) Program aimed at promoting environmental friendly businesses. Dr. Muriithi has also consulted for Export Processing Zone (EPZ), Kenya Posta and Agora Enterprises (USA). He has also lectured in different universities among them Australian Study Institute (AUSI), PAC and KCA universities. Dr. Muriithi has also been an Executive Director of the Fellowship of Christian Communicators in Africa and Madagascar (FOCCAM), a non-profit making Christian organization. Academically, Dr. Muriithi is a reviewer of various academic programs. Besides being in the SBE review team to review MBA, undergraduate and diploma programs. He recently reviewed United States International University (USIU) Doctorate of Business Administration (DBA) Program.

Dr. Muriithi is also an external examiner for different universities in Kenya, among them St. Paul University and Pan African University (PAC). Internationally, he is an external examiner for Rhodes University PhD program and a reviewer for several journal among them SAGE journals, KCA Journal of Business Management and South African Journal of Economics and Management Sciences besides attending numerous conferences. Dr. Muriithi has authored several books among them: Africa Crisis: Is there Hope?, Conflict Management and How to Manage it, Stress Management: The Slow Killer and African Development Dilemma: The Big Debate and The Secret of Passing Exams. He has also authored many articles and a book chapter. Dr. Muriithi’s interests are in the areas of strategic management, cross-cultural management and research. His writing works are widely read worldwide as evidenced in Google Scholar citations and other leading scholar platforms.

Until his appointment, Dr. Samuel Muriithi was the HOD/Chair of the Commerce Department in the School of Business and Economics. As a Senior Lecturer in the

School, Dr. Muriithi teaches Strategic and Cross Cultural Management where he has supervised and co-supervised more than 70 theses.

Dr. Muriithi was appointed through a competitive interview alongside two other Senior Faculty.

Following the appointment of Dr. Muriithi, the Assistant HOD Mr. Joseph Munyao has been substantively appointed Head of the Commerce Department, School of Business and Economics.



**Mr. Joseph Munyao, HOD,
Commerce Department**

We congratulate both Dr. Muriithi and Mr. Joseph Munyao for their respective appointments.

Sr. Prof. A.L. Lando Published by Palgrave Macmillan

Sr. Prof. Agnes Lucy Lando, Associate Professor in the School of Communication is co-editor of a Palgrave Macmillan 2020 Publication titled: “Digital Communications at Crossroads in Africa: a Decolonial Approach.”

Sr. Prof. Lando has co-edited the book along with Prof. Kehbema Langmia of Howard University in Washington DC, USA. The edited volume explores how Western digital communication systems have proliferated in the African communication landscape, and argues that rich and long-cherished African forms of communal and in-person communication have been increasingly abandoned in favour of assimilation to western digital norms. Thus the concern (of the book) that Africa’s future generations born on the continent and abroad may never

recognize or appreciate African systems of communications. Acknowledging that globalized digital communication systems are here to stay, the volume contends that in order to comprehend the past, present and future of African communications, scholars need to decolonize their approach to teaching and consuming mediated and in-person communicators on the African continent and abroad.

The volume, dedicated to all men and women in Africa and abroad, who are actively engaged in theorizing, researching and genuinely debating in a constructive manner, decolonization of (Digital) communications in Africa, has its Foreword penned by Daystar University Vice Chancellor, Prof. Laban P. Ayiro. He states, “the book, in my view, is long overdue. Its most immediate value resides in helping the reader to understand the dilemma the digital divide subjects the African practitioner in communication to and the difficulty of over-coming the encumbrances therein. It fulfills an obvious need for a systematic account decolonizing the digital

communication divide in Africa, and it does so with the clarity and informed assurance that one would expect of the persons who wrote the chapters in this book” (p. vii, viii). Prof. Ayiro further recommends the book to scholars in communication.



A display of the new book

Sr. Prof. Lando’s Chapter, titled “Africans and Digital Communication at Crossroads: Rethinking Existing Decolonial Paradigms” explored the current decolonial paradigms being advocated by different authors. The qualitative study established that various

approaches being proposed to decolonize digital communication in Africa are not effective because they are mainly extremist in nature and outward looking. The study advances a hybrid model that objectively retains the positive from both Western and African cultures.

The book can be obtained from www.Amazon.com or by downloading the eBook version or through direct order from www.palgrave.com



Library Grants Limited Access to Faculty

The Daystar University Crisis Communication Committee (CMT) has approved the request by the University Librarian to open the Library for limited access to teaching staff. The limited access is aimed at enhancing off-campus teaching this May/June semester by enabling the faculty to borrow core texts and other reference books as contained in the course outlines, for blending with the online library. The Athi River Main Campus and Nairobi Campus Libraries are now open since Monday, 15th June 2020.

The following guidelines shall govern the limited access to the two Libraries:

1. The Library shall allow a maximum of 5 faculty/staff to enter any of the campus libraries at any one time. This is in observance to keeping safe social distance in line with the government directive due to Covid-19 pandemic.
2. All staff entering the campus libraries shall be required to wear face masks and exercise social distance as per the government directives.

3. Teaching staff desiring to borrow library books shall email the Librarian at library@daystar.ac.ke in advance so as to enable the Librarian to regulate the number of the staff entering the Library at any one time.

4. Teaching staff shall enter the Library strictly for the purpose of returning and/or borrowing books for use in teaching and shall exit the premise immediately thereafter.

5. There shall be a water dispenser and soap at the entrance to the Library for the staff to wash their hands before entering; and hand sanitizers at the Library security desk and the Reader Circulation counters at the main campus and Nairobi campus libraries.

6. Administration managers at the main campus and Nairobi campus libraries shall ensure a safe environment to the staff by daily and regular cleaning and sanitization of the two campus libraries; and overall security of the two premises.

7. There shall be two library staff on duty at any one time (working on a rotational basis) at the Circulation counters at the main campus and Nairobi campus library, respectively.

8. Mr. Samuel Kungu, Librarian, Nairobi campus, shall be available for any library related queries on Nairobi campus library.

He can be reached on mobile number **0721688312**

9. Mrs. Zipporah Kimote, Assistant Librarian, Reader Services at the main campus library shall be available on mobile number **0716387712** for any library related queries.

10. The campus libraries shall be opened from **9.00 a.m. – 4.00 p.m. Monday-Friday.**

In addition, the University Librarian together with her professional team shall be liaising with the respective Heads of Academic Departments to offer selective online reference services for enhanced teaching and learning experience this semester. To this effect, Heads of Departments are requested to email their respective course outline to the Librarian.



From the Chaplaincy

In case you missed the chapel ministry last week, here is the service held on 18/06/2020. We are proud of our students and staff who put this together! God bless Daystar University

<https://youtu.be/zHTp1Zg1HFY>



MOULD ME

Pastor Rachael Ngugi
Assistant Chaplain, Nairobi campus

GOD's desire for us is that we worship Him in all situations. To worship is to simply tell him how great, mighty, wonderful, sovereign, gracious, loving, merciful, He is. As we come into His presence, he desires that we approach his holy place with pure hearts.

Is GOD expecting us to be all cleaned up before we come? No, all GOD desires is a broken heart. David said "My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise." Psalm 51:17. Then he prayed: "Search me, O God, and know my heart; test me and know my anxious thoughts. Point out anything in me that offends you, and lead me along the path of everlasting life" Psalm 139:23-24 (NLT).

There is no purity outside of GOD, we cannot clean ourselves up. Instead, *"it is GOD who works in us, giving us the desire and the power to do what pleases him" (Philippians 2:13, NLT).*

You can pray this prayer, meaning it in your heart. Confess all sins and allow yourself to break before GOD. As you enjoy his love and forgiveness, respond in worship to Him.

Prayer

Have mercy on me O GOD according to your unfailing love. Because of your great mercy, wipe away all my sins. Create a pure heart in me, and give me a willing spirit to obey you. You promise that if I confess my sins you're faithful and just to forgive me and purify me from all unrighteousness. Thank you that I now stand forgiven and loved. You are great and greatly to be praised. Amen.